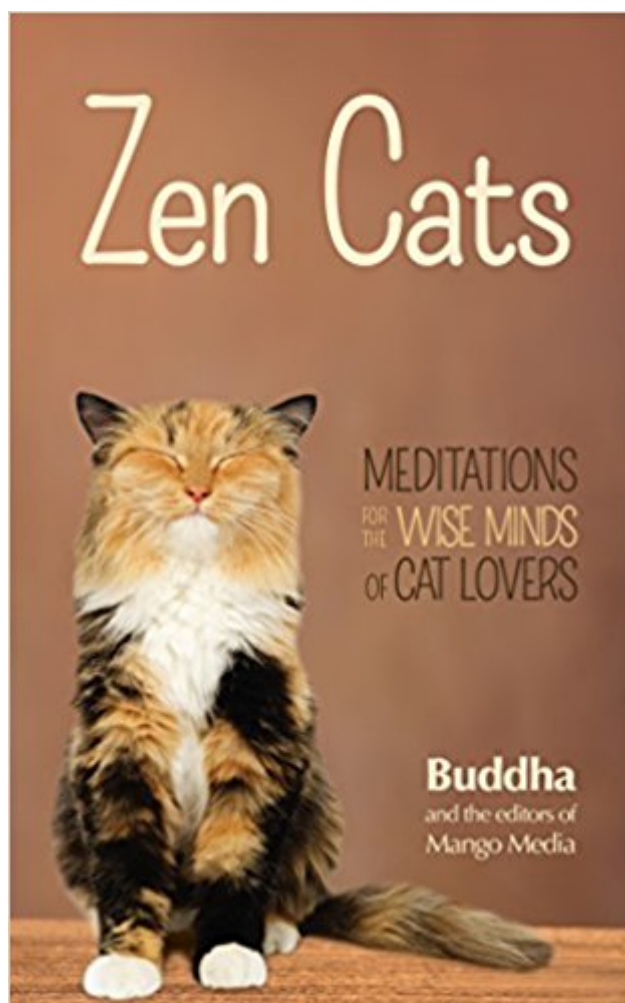


The book was found

Zen Cats: Meditations For The Wise Minds Of Cat Lovers



Synopsis

Join some cuddly kittens for a collection of sayings from the Buddha. The verses, taken from the Dhammapada, were written centuries ago, but today they offer insight for all of life's basic struggles. Meditate along with the verses to gain a greater understanding of you, your life and your purpose. Find the meaning of truth in these verses and how to find it in the world around you. Let your inner Zen Cat guide you to enlightenment.

Book Information

Paperback: 166 pages

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Average Customer Review: 4.3 out of 5 stars 5 customer reviews

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Customer Reviews

Gautama Buddha, or simply the Buddha, was a sage on whose teachings Buddhism was founded.

For any Buddha following cat lover. Gave this book to a friend as a birthday gift, absolutely loved the journey it put him on.

very cute

Zen Cats is a very well designed book that includes verses, meditations and thoughts by Buddha. The cool thing is that every single page contains a cute cat or kitten picture and the explanation of each verse. Perfect book for cat lovers and zen lifestyleers!!!

Zen Cats: Meditations For the Wise Minds of Cat lovers is by Buddha and the Editors of Mango Media. Each page features a cat along with a saying from Buddha. You could read one each day and

make the book last a long time or you could sit down and read it all the way through. You don't really need to be a cat lover to appreciate it; but it would help. The book was just OK for me. I am not a particular cat person and did not particularly like this book although the sayings were great.

Very well done. Beautiful layout. Book makes me smile.

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